

# Skateboarder Pathway

## STAGES OF LONG TERM DEVELOPMENT

### RECREATIONAL SKATEBOARDERS

Skateboarders who are new, learning the fundamentals, or just love the culture

1-2

#### Learn to Skate - The Foundation

**BEGINNING SKILL**

In this stage Skaters begin a pathway toward being a lifelong Skateboarder. Children gain the basic skills to be Active for Life, and it also provides a foundational framework that can be applied to older, entry level skateboarders.

- Events: Regional Slurpee Canada Skateboard Open Community Day

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#### Learn to Skate - The Basics

**BEGINNER AND INTERMEDIATE SKILLS**

Once you have the fundamentals, Stage 3 provides an opportunity to begin learning more advanced skills, tricks, and techniques. Skateboarders in this stage are beginning to be more passionate about skateboarding multiple days per week and are encouraged to attend local events, join a club, or many other options to become more engaged in the skateboard community. Focus should be on skill development not competition.

- Events: Local Skateshop Events Skate the Community Day Events Canada Skateboard Open

### COMPETITIVE SKATEBOARDERS

Skateboarders who choose to focus on being the best skaters they can be

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#### Learn to Train

**INTERMEDIATE TO ADVANCED**

Learn to Train stage involves specific training for competitive skateboarding events, and participating in sanctioned community and skate shop events for intermediate-level skaters. These events provide a competitive platform to showcase skills and gain valuable experience.

- Events: Slurpee Canada Skateboard Open Sanctioned Canadian Amateur Events

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#### Train to Train

**INTERMEDIATE TO ADVANCED**

Train to Train stage involves building positive training habits to prepare a skateboarder to thrive in high pressure performance situations.

- Events: U-12 Slurpee Canada Open Sanctioned Canada Pro/Am Slurpee Canada Skateboard Open  
World Skate 3 + 5 Star Sanctioned Events Tampa Am/Exposure PHX Am/Damn AM  
World Cup Skateboarding

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#### Learn to Compete

**NATIONAL LEVEL AM SKATER**

Learn to Compete stage involves advanced level training for competitive skateboarding events, and participating in sanctioned events for skaters with advanced abilities. These events provide a platform for highly skilled skaters to showcase their skills, compete, and gain global recognition.

- Events: U-12 Slurpee Canada Open Sanctioned Canada Pro/Am Slurpee Canada Skateboard Open  
World Skate 3 + 5 Star Sanctioned Events Tampa Am/Exposure PHX Am/Damn AM  
World Cup Skateboarding

## Train to Win

### NATIONAL / INTERNATIONAL PRO SKATER

In Train to Win stage, training is focused on achieving mastery over skateboarding techniques to compete at elite level international events. This stage may also involve working towards participating in International Games like **Olympics** and **World Championships**.

**Events:**

- World Skate 3 + 5 Star Sanctioned Events
- Continental Championship
- Pan Am Games
- World Skate Pro Tour
- Tampa Am/Exposure
- PHX Am/Damn AM
- World Cup Skateboarding
- Olympics
- World Cup Championships

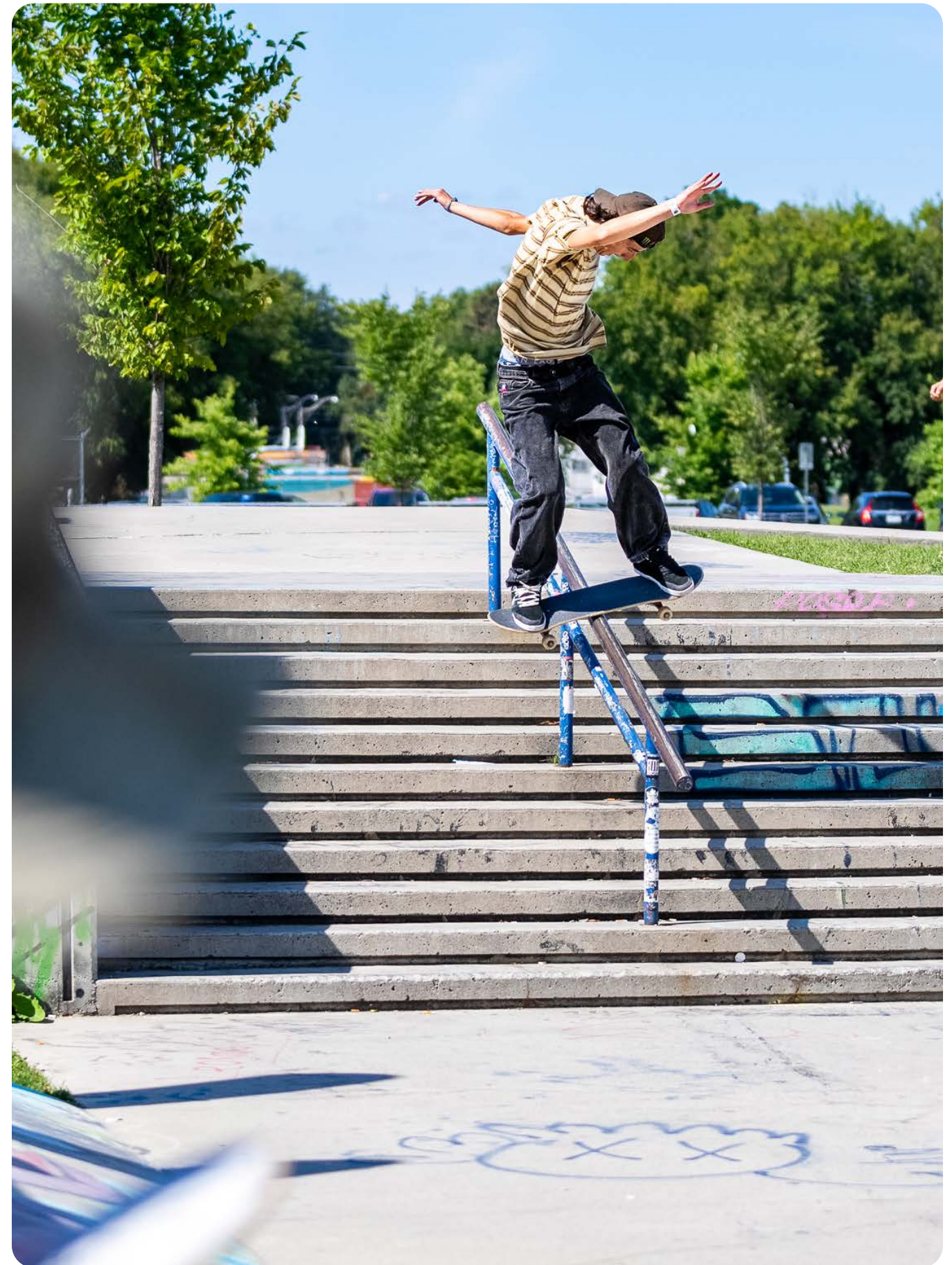
## Skater for Life

This is your goal as a mentor, to encourage all to become a skater for life. Imagine a clubhouse of skill levels, all celebrating what skateboarding is to them. Skaters in this stage all have the skills to ride a board in most terrain, skaters with basic up to expert skill levels who now enjoy different goals, and activities as they remain a Skateboarder for Life.

Stage 8 skaters may be coaches, judges, photographers with a love and connection to skateboarding. They may not need a mentor, but always encourage your fellow skaters for life to KEEP PUSHING.



There is no time limit, or age associated with each stage. Skateboarding is a personal journey that opportunity may lead to an interest in competitive opportunities and the world of a sponsored skateboarder, skating for fun with your friends and community, or engaging in the off board activities that exist in the skateboard world. As a skateboard mentor you have the opportunity to share your passion for skateboarding and encourage people to skate for life.



# Skateboard Coaching Pathway



## STAGES OF COACHING

1-2

### Active Start & Fundamentals COMMUNITY FOCUSED

✓ Training

In Active Start & Fundamentals, you'll learn skateboarding coaching fundamentals, including techniques, ethics, skill progression, emergency preparedness, and safety.

Community Focused	
Pre-requisites:	None
Trainings:	Start Pushing 1 & 2, Coach Initiation, Make Ethical Decisions, Making Headway, Emergency Action Planning, Safe Sport

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### Learn to Skate CREATING A LIFE LONG SKATER

🌟 Certification

In Learn to Skate, you'll foster lifelong skateboarders and coach competitors. Training includes flatground, street, transitions, planning, teaching, and program design.

Competition Introduction	
Pre-requisites:	Coaching Initiation MED EAP, Making Headway
Trainings:	Flatground 101, Street 101, Transitions 101, Planning a practice, Teaching and Learning, Design a basic sport program
Assessment:	Portfolio + Evaluation



FULL MATRIX AND LINK TO TRAININGS<sup>18</sup>

Learn more

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### Learn to Train / Train to Train SKATEBOARD SKILLS DEVELOPMENT

🌟 Certification

Beginning with Learn to Train, coaches develop and refine skateboard skills coaching advanced skateboarders in all skateboard terrain (flat ground, street, park, vert..). Finishing with Train to Train, additional focus to be spent on developing and refining holistic training habits for athlete success in high pressure performance environments.

Competition Introduction Advanced	
Pre-requisites:	Planning a practice, Teaching and Learning, Design a basic sport program
Trainings:	Flatground 201, Street 201, Transitions 201, Basic Mental Skills, Performance Planning, Sport Nutrition
Assessment:	Portfolio + Evaluation

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### Learn to Compete SKATEBOARD FOR SUCCESS

🌟 Certification

Learn to Compete prepares skateboarders for competitions with training in practice planning, coaching, athletic development, recovery, drug-free sport, psychology, and conflict management.

Competition Development	
Pre-requisites:	Comp Intro Certified or Exemption based on recommendation from Canada Skateboard
Trainings:	Advanced Practice Planning Coaching, Leading Effectively, Developing Athletic Abilities, Prevention and Recovery, Leading Drug Free Sport, Psychology of Sport, Managing Conflict
Assessment:	Portfolio + Evaluation

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### Train to Win SKATEBOARD PRO TOUR EXCELLENCE

🌟 Certification

Train to Win is a program for skateboarders aiming for excellence in professional competitions.

Competition - High Performance	
Pre-requisites:	Comp Dev Certification
Trainings:	Advanced Coaching Diploma
Assessment:	Final ACD Project Evaluation