

<https://olympic.ca/education/resources/skateboard/>

-Adam Hopkins video resource

<https://myspheres.ca/en/curricular-activities/skateboarding/>

-Skateboarding guidelines for school implementation
SPHERES- School Physical Activity, Health and Education Resource for Safety

<https://www.goskate.com/top/skateboarding-lessons-for-everyone/>

-Scope of instruction for a skate group

<https://safety.ophea.net/elementary/curricular/skateboarding>

-Skateboarding in Schools Guidelines for Ontario

Exercises/Warm-ups for Skateboarding

<https://skateboardgb.org/news/2020/11/23/10-dynamic-work-out-exercises-for-skateboarders>

<https://www.redbull.com/us-en/strength-training-skateboarding>

<https://www.youtube.com/watch?v=IA8vPpOPyg8>

-Noodle Skateboarding

Games

<https://www.physicaleducationupdate.com/public/277.cfm>

Resources for Skateboard Programs and Benefits of Skateboarding

[Goodpush toolkit](#)

[Sample Lesson Plan for first session](#)

[Child Protection Toolkit](#)

[Canada Skateboard Start Pushing Resources](#)

Skateboarding Positively Impacts At- Risk Populations

[Skateboard Park Huge Benefit To Sick, At-Risk, and Special Needs Kids](#)

“Through skateboarding — a sport that’s largely non-competitive, suitable for all age and ability levels and relatively cheap to participate in, equipment-wise — C.J.

Skateboard Park and School aims to imbue its athletes with confidence, self-esteem, camaraderie and, in some cases, a rare but precious sense of normalcy, of simply

being just a kid rather than a kid coping with cancer, ADHD, Autism or another disorder or disability.”

[Experiences and Perceived Benefits of a Youth Skateboarding Program in South Africa: From the Physical to Emotional and Beyond](#)

Benefits of the afterschool skateboard program included experiencing a sense of belonging to a skateboarding subculture, protection from gang recruitment and community violence, physical and emotional benefits of exercise, mentors as positive role models, and learning life skills.

[Dan Mancina: Intro Skate Lesson for the Visually Impaired](#)

Push to Heal

Joel Pippus works with Hull services out of Calgary, running a program called “Push to Heal” which offers skateboarding within a therapeutic model to youth who have experienced significant challenges. This program documentary highlights research on how skateboarding has impacted these youth:

[Push To Heal on Vimeo](#)

[Push to Heal Website](#)

Indigenous Communities and Skateboarding

[Cousins Skateboarding Community Website](#)

[Cousins X Tigers Skate Club Recap Skate in the Ice District](#)

[Cousins Skateboarding Community \(Article\)](#)

[Nations Skate Youth Website](#)

[Nations Skate Youth Article in Glove and Mail](#)

Skateboarding Within a School and Afterschool Setting

A nonprofit organisation called “Skate After School” based out of Phoenix, Arizona which provides skateboarding to underserved youth as an after school program at the elementary level.

[Skate After School Documentary](#)

[Skate After School | Phoenix, AZ area non-profit partnering with schools to provide skateboarding instruction to underserved youth.](#)

Skateboarding Course for Credit within Red Deer Public Schools

Everett Tetz, formerly an administrator within the Red Deer Public School division has shared with me his course curriculum for a skateboarding course he ran out of Glendale School in Red Deer. <https://youtu.be/WNK1NjomNIs>

[Shredding for school: Researchers study links between skateboarding and academic success](#)

[Lunchtime skateboard program a hit with students at Liverpool school](#)

[Social Sharing](#)

Skateboarding for Academic Success

<https://www.teachingchannel.com/k12-hub/blog/skateboarding-academic-success/>

Academic Papers and Research on Skateboarding

[Trauma-Informed Best Practices for Skateboarding-Based Youth Programming](#)

There are now more than 100 skateboarding-based youth development projects around the world, with many working in conflict-affected and/or impoverished communities where children are vulnerable to complex trauma. As safe spaces for sport and play, these programs have potential for providing trauma-informed care to otherwise hard-to-reach children, yet trauma awareness and psychosocial competencies among such programs are thus far very limited.

[Beyond the Board: Skateboarding, Schools and Society](#)

[Skating to Success: What an Afterschool Skateboard Mentoring Program Can Bring to PUSD Middle Schoolers](#)

Culture/Inclusivity

<https://junior.scholastic.com/pages/promotion/emaillandingpage/learning-to-skate-in-a-war-zone.html?language=english#1110L>

-Article for classroom reading on skateboarding "Skateistan"